



Dear all,

It's [Volunteers' Week](#)! And volunteers are at the heart of Youth United. Without thousands of adult volunteers giving time on a weekly basis, 1.5 million young people wouldn't get the chance to join a Youth United organisation.

When young people join Scouts, Cadets or any other Youth United organisation, they too start to volunteer— through learning first aid, doing community projects, working on their [Duke of Edinburgh Award](#), serving as a young leader and in a multitude of other ways.

Youth United is a proud partner of [Step Up to Serve](#)'s #iwill campaign, which is looking to increase by 50% the number of young people involved in social action. As well, with SUTS, we are doing cutting edge research on the double benefit of social action – on both the individual and the community – through the Uniformed Youth Social Action Fund.

In this newsletter we celebrate the social action activities of St. John Ambulance, Woodcraft Folk and JLGB as they continue to empower young people to make positive change within their communities – well done to all the young people and volunteers who make meaningful social action like this possible!

I sign off this month with [brilliant volunteering videos from The Scouts](#) and [Girlguiding](#). Happy Volunteers' Week, everyone!

Best wishes,

Lindsay

Lindsay



Volunteers have the X Factor! #VolunteersWeek

Volunteers change lives! Lindsay Levkoff Lynn writes for [Step Up To Serve](#) how recruiting more adult volunteers is just one of the practical things that the Youth United network is doing to engage and support more young people.

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St John Ambulance and NCS join forces for Stick-It

[St John Ambulance](#) and [NCS](#) have joined forces in Yorkshire to offer young people new leadership opportunities as part of the 'Stick It' programme. Funded partly through Youth United's 'Youth Social Action Journey Fund', young people based in Hull, Doncaster, and Middlesbrough are invited to learn and then teach basic medical skills that can be applied in everyday situations.

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Woodcraft Folk celebrate 90th anniversary with special 'social action' lunch!

[Woodcraft Folk](#) celebrated Woodcraft's 90th birthday with a special 'social action' lunch in the grounds of Heatham House, Twickenham, which included some very special guests, indeed! Parents and children from Woodcraft Folk spent the morning preparing the lunch 'camping-style' for about 90 people, but the Folk's guests of honor were a party of young carers from the Twickenham area.

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Free Being Me! Girlguiding promotes positive body confidence



Youth United recently joined the Rednal Brownies on the outskirts of Birmingham to understand more about [Girlguiding's 'Free Being Me'](#) programme and how their Peer Educators are tackling body confidence and unrealistic representations of beauty in the media.

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