



Dear all,

Welcome to a very exciting November edition of our newsletter. With around three weeks left until Christmas, we are closing in fast on the holiday season. Therefore, what is more cheerful than sharing with you some of the incredible stories that we, here at Youth United, hear on a daily basis.

I highly encourage you to read the story of De'Niro Murray, an adult volunteer cadet instructor for the [London Fire Brigade Fire Cadets](#), who joined as a cadet when he was 17. De'Niro recently spoke at the House of Commons during a parliamentary reception and we've reprinted his speech here. De'Niro is not only an inspirational young leader who turned his life around, but also an example of the positive impact our member organisations can have on young people.

This particularly positive impact is also echoed in our following article. An important UK-wide study has found that joining the [Scouts](#) or [Girlguiding](#) in childhood has a lasting effect on mental health in later years. Data drawn from the National Child Development Study highlights the positive role played by these uniformed youth organisations in the lives of children.

Lastly, as I am back from maternity leave, our Interim CEO, Jessica Mulley, will be sadly leaving us.

In our third and final article this month, Jess looks back at the time spent running Youth United and the milestones achieved during her tenure.

Best wishes,

Lindsay



De'Niro's Speech

The first article in this month's newsletter presents the story of De'Niro Murray, an adult volunteer cadet Instructor for the [London Fire Brigade Fire Cadets](#), who joined when he was 17. De'Niro spoke at the House of Commons during a parliamentary reception for [Anti-Bullying Week](#) (14-18th November), hosted by the Anti-Bullying Alliance. De'Niro is not only an inspirational young leader, but also an example of the positive impact our member organisations can have on young people.

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Youth United members have lifetime impact on mental wellbeing

An important UK-wide study has found that joining the [Scouts](#) or [Girlguiding](#) in childhood has a lasting effect on mental health in later years, as data drawn from the [National Child Development Study](#) highlights the positive role played by these uniformed youth organisations in the lives of children. Read more about this important correlation here.

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A note from Jess

Our former Interim CEO, Jessica Mulley, looks back at the time spent running Youth United and the milestones achieved under her leadership.

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